

**If you are still deciding which contact lens to finalize:** Always save your sample contact lenses and packaging especially if you are trying different brands, Dr. Brooks needs to know what you would like to wear. We will require you to come back in and show Dr. Brooks which contact lenses you would like to be finalized. We can not distinguish what brand you are wearing by looking at the contact lens. You will need to bring the packaging with you to your appointment.

**Contact Lens Policies:**

- You may return/exchange your contact lenses within 60 days of purchase if you have had a change in prescription, a flat rate of \$20.00 will be charged for shipping. After 60 days you may NOT return your contact lenses. No exceptions. Examples of changes in prescription include: Brand change, Monthly-to-dailies, or a power change in prescription.
- You may not return/exchange damaged or open boxes as the manufacturer will not accept damaged items. Always take care of your boxes and store them in a safe place. Damaged boxes include stains, creases, and/or smashed corners. The manufacturer always has the final say on if the contact lens boxes will be returned for full credit or if they will not accept the boxes due to damage.
- We will not refund what you have paid for the contact lens boxes until the return process is completed. The return process can take up to 2 months to complete. Some manufactures may charge their own separate restocking fee, if they do you (the patient) will be responsible for this charge.

**Health Habits for Soft Contact Lenses:**

- Only wear your contact lenses if your eyes are healthy. If your eyes are red or irritated, DO NOT wear contact lenses.
- If you are tired or feeling sick DO NOT wear contact lenses.
- Wind and sunlight can irritate your eyes while wearing contact lenses, be sure to wear sunglasses outdoors to protect your eyes.
- If your eyes feel irritated or get red while wearing your contact lenses, remove your contact lenses and continue your day with glasses.
- Always carry a case filled with your contact lens solution and your back up eyeglasses, so you can remove your lenses if you experience any discomfort.
- DO NOT wear your contact lenses while showering, in the ocean, to the pool, or in a sauna/hot tub.
- DO NOT wear your contact lenses while swimming, unless ABSOLUTELY required to see, and if so, ALWAYS wear swim goggles.
- You may use contact lens rewetting eye drops to minimize dryness/irritation as needed throughout the day. (Refresh for contacts, Blink for contacts, Opti-free puremoist rewetting drops, Systane for contacts)
- Solutions you can use for soft contact lenses: Biotru, Opti-Free, Acuvue, ReNu