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# New Policy regarding our Pregnant/Nursing patients

Precisions Optometry 2023

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**Dr. Brooks recommends the retinal scan**, in lieu of dilation, for all pregnant/nursing patients. **Dilation is not recommended during pregnancy or while nursing** an infant/child due to its risks to the unborn/born child.

Pregnant/nursing patients can either defer the dilation at this visit and return later at no charge when no longer pregnant or nursing for the procedure, or choose to opt for the retinal scan (a copay of \$39 may be required if the scan is not covered by insurance). A nursing mother can opt for the dilation at the time of the visit then choose to immediately "pump and dump" over the next 36 hours to eliminate the risk of the dilation medication being present in breast milk.

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